

SAFETY WHEN PREPARING TO LEAVE

- A. Open a savings account in your own name and establish other ways to increase your independence.
- B. Leave money, extra keys, a copy of important documents (Social Security, birth certificates, medical and car insurance.) Clothes with someone you trust.
- C. Determine where you can go -Alliance included - or who could lend you money, transportation, etc. *Create a Personalized Safety Plan.*
- D. Memorize the McLeod Alliance phone number. Have pay phone change with you at all times or carry a charged cell phone.
- E. Review your safety plan as often as possible in order to plan safest way to leave.
- F. **Remember: Leaving an abusive partner is the most dangerous time.**